FER_ethics-animation.v1.1

0:00
This video is an effort to simplify, to demystify a very complex part of all research projects, research ethics.

0:10
This video aims to help lived, experienced research partners understand what research ethics is based on.

0:18
Research is all about discovering new insights to educate and solve problems in the hope of improving our world and how we all interact within it.

0:28
In our combined efforts toward improvement, we are seeing that more people with a lived experience have been included into research teams.

0:38
By providing their valuable insights into projects early, not only are we increasing the possibility to improve outcomes, but most importantly including people with a lived experience.

0:51
This helps make sure the research is truly Co designed or Co created.

0:57
As researchers, we could not make assumptions about the data we collect, so why should we start a project by making assumptions about what people in the team know or don't know?

1:11
Research ethics is making sure that discoveries are made in a way that's fair, honest, and respectful to everyone involved.

1:20
Let's break this down a little and take a look at the ethical principles that make sure the research is safe for everyone involved.

1:31
The first principle is respect for persons.

1:35
This means recognising the independence Oregon autonomy and the worth of everyone.

1:41
Here, researchers must get informed consent from participants, meaning they clearly explain what the research is about, what's involved, and any potential risks.

1:54
People should always have the freedom to choose whether or not to participate, and can also stop participating at any time.

2:03
This principle also includes that the researchers respect the privacy, confidentiality, and cultural sensitivities of people involved in the research.

2:17
Next is beneficence.

2:20
These principles are about getting the most benefits of research while also, importantly, minimising harm.

2:27
Researchers have to carefully consider how their work impacts participants in society.

2:33
They need to make sure that the good of the research outweighs any potential risks.

2:39
And then there's justice.

2:43
This is about fairness in research.

2:45
It makes sure that the benefits and burdens of research are shared for the greater good.

2:52
No one group should bear the risks of research without also having the chance to benefit from its outcomes.

2:59
Justice also includes making sure that the research findings are easy to access in a timely and clear way.

3:09
These principles are used to guide researchers in their projects of discovery.

3:14
It is important to share this information to new members of the team in a way that everyone can understand and follow.

3:22

This way, lived experience researchers aren't just included, they are also empowered and valued.

3:29

Because in the end, how we do research is just as important as what we discover.

3:36

After all, how ethical is it if we seek to apply ethics principles to a project, but then don't apply them to the team?

3:48

This is a snapshot into ethics in a research project.

3:51

For a deeper dive and for meeting All Access needs, please see additional links below.